

Club Philosophy

Our athletes are the focus and the future of our club and sport.

Our Coaches, parents and supporters are also important as they are the persons providing nurturing and guidance to our athletes.

Respect for all parties involved in the development of the athlete is to be the basis of all personal interactions within the club environment.

The club supports and guides the athletes toward developing potential athletic ability to enable them to compete at the highest levels of our sport as an adult.

Adults in positions of responsibility in the club, particularly those who have personal contact with the athletes, must be persons of the highest ethical standards who agree with the club philosophy and always ensure they behave and communicate according to this philosophy and the various Codes of Ethics.

Athletes will be encouraged to challenge themselves to try new activities and events to ensure a broad base of skills which will become more focused as they mature and decide which will be their specialist events.

Athletes are in control of the choices made regarding their physical activities and will never be forced, coerced or manipulated into competing in events they do not enjoy.

Events and activities are not to be offered to athletes which are physiologically or psychologically inappropriate for them.

The club will only sanction fundraising and social activities if they are compatible with the club philosophy and do not send messages which conflicts with the healthy lifestyle promoted by the club.

Optimal adult athletes are aware of all facets of athlete development so the club will address all aspects of knowledge necessary to reach this level. A holistic approach will be taken that includes giving information on nutrition, psychology, structure of the sport, drug testing, physiology, how to use sport science effectively, competing overseas and other relevant areas.

The club will endeavor to develop the physical environment to provide the highest quality facilities and equipment with a special emphasis on safety.

Acknowledging personal achievement and achievement within the sport is to be a focus of the club during the season and at prize giving.

Athletes are to be encouraged to set realistic but challenging goals in consultation with coaches and parents which relate to present day needs and long term development.

All avenues are to be explored by the club and parents/caregivers if financial hardship is preventing optimal development of the athlete.